Adán’s work is an important culinary voice, sharing the perspective and history of his indigenous ancestry to help truly identify the region we know commonly as “Tex-Mex.”

—SEAN SHERMAN, THE SIOUX CHEF / NATIFS.ORG

Chef and food writer **Adán Medrano** was recently profiled in both The New York Times and Houston Chronicle. He grew up in San Antonio, Texas, and northern Mexico, where he developed his expertise in the flavor profile and techniques of indigenous Texas Mexican foods. Medrano is also author of *Truly Texas Mexican: A Native Culinary Heritage in Recipes.*